

HPSC GYM Timetable



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	13:00 - 14:00 Adults Session Matt Pls Book				8am - 9am Mixed Fitness Session Gez/ Matt
16:15 - 17:15 Kids: Teens Skate & Fitness	16:15 - 17:15 Kids: Teens Skate & Fitness	16:15 - 17:15 Kids: Teens Skate & Fitness	16:15 - 17:15 Kids: Teens Skate & Fitness		
17:30 - 18:30 Adults	17:30 - 18:30 Adults	17:30 - 18:30 Adults	17:30 - 18:30 Adults		
18:30 - 17:30 Adults	18:30 - 17:30 Adults	18:30 - 17:30 Adults			

Please text Matt on 0418 717 313 if you would like to book in for the 1pm classes or call (02) 9982 3004.